## **Capacity Building of Teachers**

Capacity building is a lifelong process that involves teachers gaining experience and systematically examining their teaching. Its a process by which individuals and organizations acquire, improve, and retain the skills, knowledge, tools, equipment, and other resources needed to do their jobs competently or to a greater capacity.

The NEP-2020 stresses the empowerment of teachers as critical to the future of the country. Teachers must be grounded in Indian values, languages, knowledge ethos, and traditions and at the same time must also be well-versed with the advancements in education and pedagogy. Trained teachers develop better ranges of practical concepts, skills, and strategies for teaching and assessments. The presence of outstanding and enthusiastic teachers that cultivate excellence and innovation is the core determinant of quality..

Since inception, Adarsha Vidyalaya Sangathan has conducted various Training programmes for Principals and Teachers of Adarsha Vidyalayas

## Here are some strategies for building teacher capacity:

## Planning

Teachers can plan creative lesson plans, homework, and interactive sessions with children. They can also build their confidence to overcome any type of situation.

## Training

Teachers can receive training on student-centered teaching methodology, social and emotional learning, and how to make effective use of equipment, teaching aids, and technology.

• Establish a learning and knowledge sharing culture

School leadership can establish a learning and knowledge sharing culture to enhance teacher capacity.

• Establish teacher leadership

Teacher leadership can effectively alleviate learning and knowledge sharing.